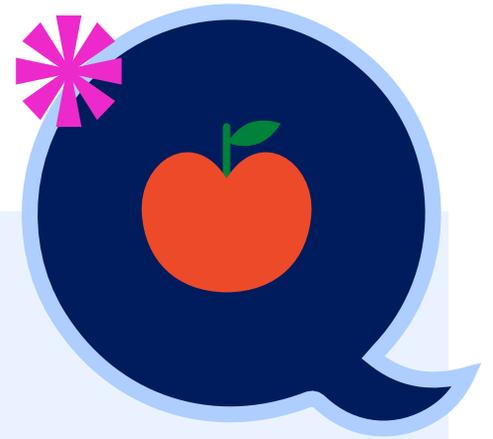


School Interactions and Isolation Protocols



COVID19
CORONAVIRUS DISEASE

Definitions

- **For symptomatic individuals**, a close contact is defined as any individual who was within 6 feet of an infected person for at least 15 minutes starting from 2 days before illness onset
- **For asymptomatic individuals**, a close contact is defined as any individual who was within 6 feet of an infected person for at least 15 minutes starting from 2 days **before positive specimen collection**
- **Additional close contacts are defined as:**
 - Caring for someone at home who is sick with COVID-19
 - Had direct physical contact with a person who is sick with COVID-19 (hugged or kissed them)
 - Shared eating or drinking utensils with a person sick with COVID-19
 - A person sick with COVID-19 sneezed, coughed, or somehow got respiratory droplets on you
- **Confirmed COVID-19 Case:**
 - An individual who has tested positive for COVID-19 using a PCR test
 - Has been recently exposed to an infected person
- **Suspected COVID-19 Case:**
An individual who meets any of the following criteria
 - Has shown symptoms consistent with COVID-19; and/or
 - Is a close contact who has been tested and results are pending; and/or
 - Has been recently exposed to an infected person
- **Isolation:** Separates sick people with a contagious disease from people who are not sick.
- **Quarantine:** Separates and restricts the movement of people who were exposed to a contagious disease to monitor if they become sick.

This is regardless of whether the person with COVID-19 or the contact was wearing a cloth face covering or whether the contact was wearing respiratory personal protective equipment (PPE).

Suspected or Confirmed COVID-19 Case Discovered

- Student/Staff suspected or confirmed positive for Communicable Disease/COVID-19 case sent home immediately to begin isolation.

Exposed Persons to Suspected or Confirmed COVID-19 Case(s)

- Individuals who have had close contact (defined above) should be sent home to quarantine for 14 days from the last exposure date to the known or suspected COVID-19 case.

The exposed individual should do the following:

- Get tested for COVID-19
- Self-monitor for symptoms
 - Check temperature twice a day
 - Watch for fever (100° or greater), cough, or shortness of breath, or other symptoms of COVID-19
- Avoid contact with people at higher risk for severe illness from COVID-19





- If the exposed person tests positive, then all close contacts of the confirmed COVID-19 case should be quarantined as an exposed person. The newly confirmed case should remain isolated until they are cleared to return. *Close contacts can return to school/work only when they complete the 14 days of quarantine (even with a negative result).*

Persons Cleared to Return

Symptom-Based Strategy

- Confirmed case with symptoms can return once the following has been met:
 - At least 1 day (24 hours) have passed since recovery defined as resolution of fever without the use of fever-reducing medications and improvement in symptoms (e.g., cough, shortness of breath); and,
 - At least 10 days have passed since symptoms first appeared.

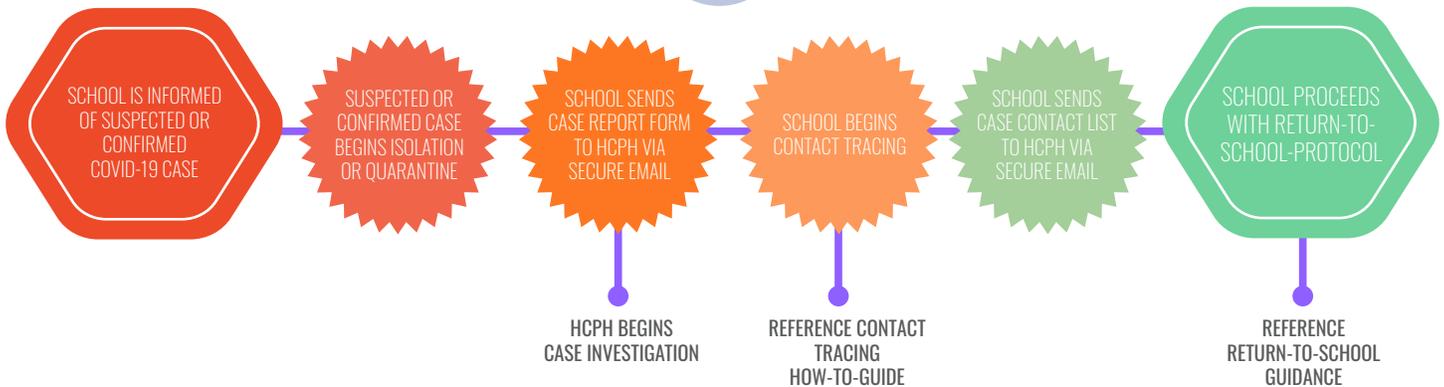
Time-Based Strategy

- Confirmed case without symptoms may return once the following has been met:
 - At least 10 days have passed since the date of their first positive COVID-19 diagnostic test assuming they have not subsequently developed symptoms since their positive test. If they develop symptoms, then the symptom-based strategy should be used.
- Suspected case with a negative test result should self-quarantine for 14 days from their last exposure.
- Asymptomatic close contacts testing negative should self-quarantine for 14 days from their last exposure.

Contact tracing slows the spread of infectious disease by gathering information from COVID-19 cases, notifying close contacts, and monitoring symptoms of cases and contacts during their isolation or quarantine period. This involves interviewing those who are confirmed to have COVID-19, identifying people who have been in close contact with the

positive individual during the timeframe when they may have been infectious, and connecting with close contacts to provide guidance. HCPH is providing a training resource for school staff to use to perform contact tracing. HCPH also has a team that assists with case investigation and contact tracing within school settings.

Process Map



If you have any questions please contact us at schoolreopeningtaskforce@phs.hctx.net.