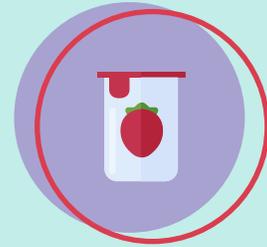


# COVID-19 and School Lunch



Caregivers can help reinforce these COVID-19 school safety measures by reviewing them at home with their children.



- Remind your child that they should wash or sanitize their hands before and after their meal and snacks.
- Prepare and pack your child's school lunch and snacks at home instead of having them purchase meals from the cafeteria.
- Stress the importance of not sharing food or utensils with other students as a matter of safety.
- If lunch is eaten in the cafeteria as a group, reinforce to your child that they should follow the physical distancing rules for mealtimes, especially since masks are off while eating.

- Check your school's policy to see if or when caregivers may visit, including rules regarding lunchtime, and share that information with your child.

Source: [HCPH Roadmap to Reopening Schools](#)

