Handwashing helps stop the spread of germs that cause illnesses and diseases.

1. Use Warm Water
2. Apply Soap
   - Scrub for at least 20 seconds. (sing happy B-day song twice)
3. Rinse Hands
4. Rinse Hands
5. Dry with Paper Towels or Air Dryer
6. Close Faucet with Paper Towel

WET hands with warm water and apply soap

WASH hands with soap for 20 seconds

RINSE hands under warm water

DRY hands using a clean paper towel or air dry them

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