



Check Your Kit

What you need to stay safe
when disaster strikes

The Basics:

- Water:** 1 gallon per person, per day for at least 3 days
- Food:** non-perishable, easy-to-prepare items
- Medications** (7-day supply) and medical items
- Flashlight** and extra batteries
- Battery-powered or hand-crank **radio**
(NOAA Weather Radio, if possible)
- First aid kit**
- Wrench or pliers** to turn off utilities
- Cell phone** with chargers
- Manual **can opener**
- Plastic sheeting, duct tape, dust mask**
- Extra **cash**
- Local **maps**

Keep your supplies in an
easy-to-carry emergency
preparedness kit that you can
use at home or take with you
in case you must evacuate.

Also Consider:

- Medical supplies** such as hearing aids & extra batteries, syringes, etc.
- Baby supplies:** bottles, formula, baby food, diapers
- Family documents** such as identification and bank account records, insurance policies
- Games, books and activities** for children
- Pet supplies:** food, water, ID, proof of vaccination, carrier
- Sleeping bag** or warm blanket
- Extra clothing,** hat and sturdy shoes
- Sanitation and personal **hygiene items**
- Unscented liquid bleach,** work gloves
- Paper cups, plates and plastic utensils, paper towels
- Matches**

Protect your family. Protect yourself. Be Prepared!