

# WEEKLY FLU REPORT

Epidemiology Program—Influenza-Like Illness (ILI) Surveillance

2016 CDC Week 03

## This report includes...

- ⇒ This report includes information on influenza-like illness (ILI) activity in Harris County as well as on the state and national level.
- ⇒ Absenteeism data are voluntarily reported from school nurses located at area public schools.

## Important Notes:

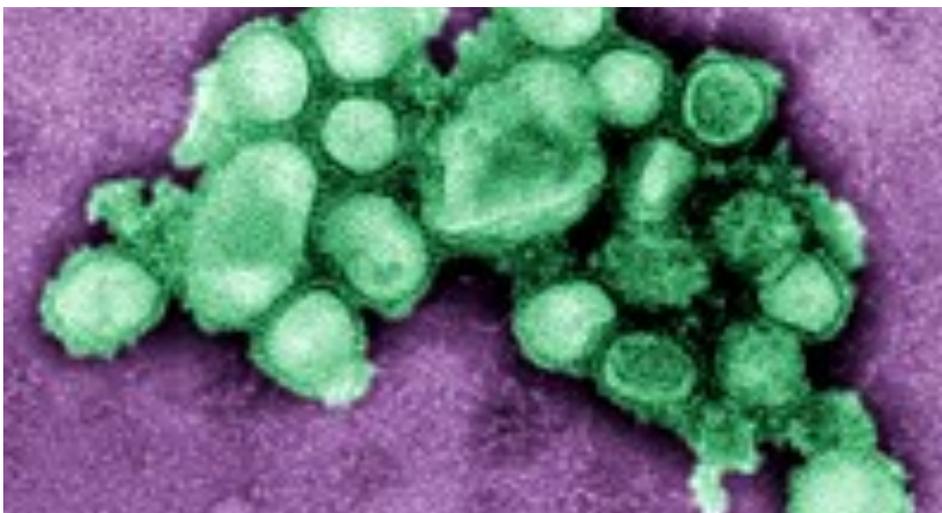
- ⇒ Influenza-like illness (ILI) is defined as an illness including a fever (temperature of at least 100 °F) with a cough OR a sore throat, without another known cause (such as strep throat).
- ⇒ Influenza/ILI is reported on a voluntary basis and is not a mandatory notifiable condition.
- ⇒ Similarly, rapid influenza test results are also reported on a voluntary basis.
- ⇒ Therefore, data presented in this report indicate trends and should not be interpreted as a complete and total picture of influenza activity in Harris County.
- ⇒ The 2015-2016 influenza season is from October 4, 2015—May 21, 2016.

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*Public Health is “what we as a society do collectively to assure the conditions in which people can be healthy”*

*- The Future of the Public's Health in the 21st Century, Institutes of Medicine, 2003*

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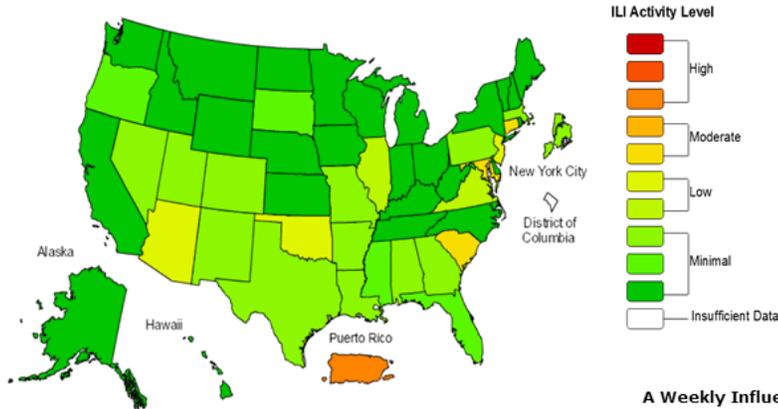


Negative stain EM image of the 2009 H1N1 influenza A/CA/4/09  
Source: <http://www.cdc.gov/media/subtopic/library/diseases.htm>  
Photo Credit: C. S. Goldsmith and A. Balish, CDC

## In This Issue

- National and State Influenza Activity
- Harris County School Absenteeism
- Texas Influenza Lab Testing Summary

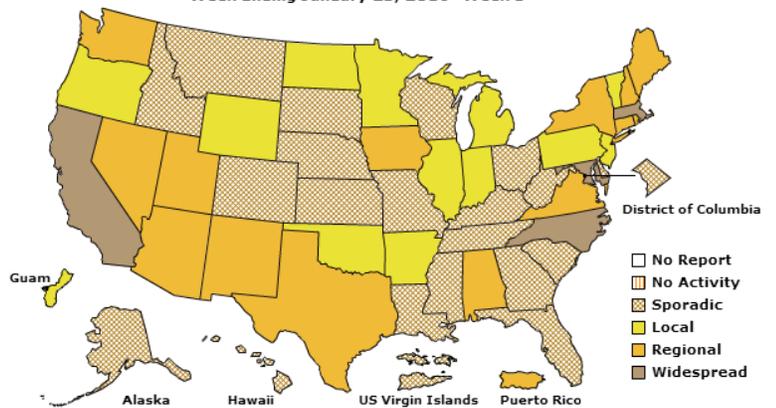
**Influenza-Like Illness (ILI) Activity Level Indicator Determined by Data Reported to ILINet**  
 2015-16 Influenza Season Week 3 ending Jan 23, 2016



# Nationally

Influenza activity is considered to be at minimal levels with regional spread in the state of Texas for CDC Week 03 (January 17, 2016—January 23, 2016).

**A Weekly Influenza Surveillance Report Prepared by the Influenza Division**  
 Weekly Influenza Activity Estimates Reported by State and Territorial Epidemiologists\*  
 Week Ending January 23, 2016- Week 3



Source: <http://www.cdc.gov/flu/weekly>

# Statewide

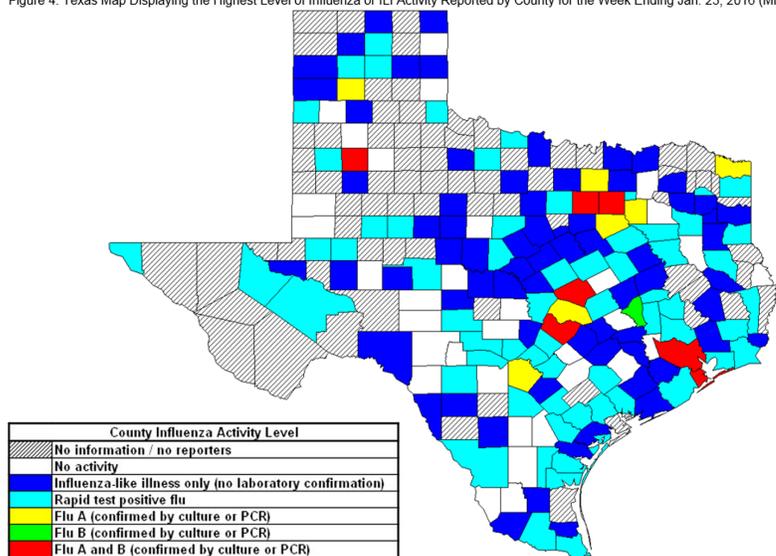
No variant influenza viruses have been identified in Texas during this flu season.

# Locally

There have been no influenza-associated pediatric deaths reported in Harris County (excluding the City of Houston) during this flu season.

### Statewide Influenza Activity Map

Figure 4: Texas Map Displaying the Highest Level of Influenza or ILI Activity Reported by County for the Week Ending Jan. 23, 2016 (MMWR Week 03)



Please note: The majority of influenza cases are not reportable by law in Texas. This map contains data from sentinel sites and only displays influenza and ILI cases that were reported to public health. Positive laboratory results are reported according to specimen collection date, or date received in the laboratory if the former is unknown.

Source: <https://www.dshs.state.tx.us/idcu/disease/influenza/surveillance/2016/>

## School Reporting

Influenza/ILI reporting is voluntary as it is not a mandatory notifiable condition. Therefore, this report indicates trends and should not be interpreted as a complete and total picture of influenza activity in Harris County.

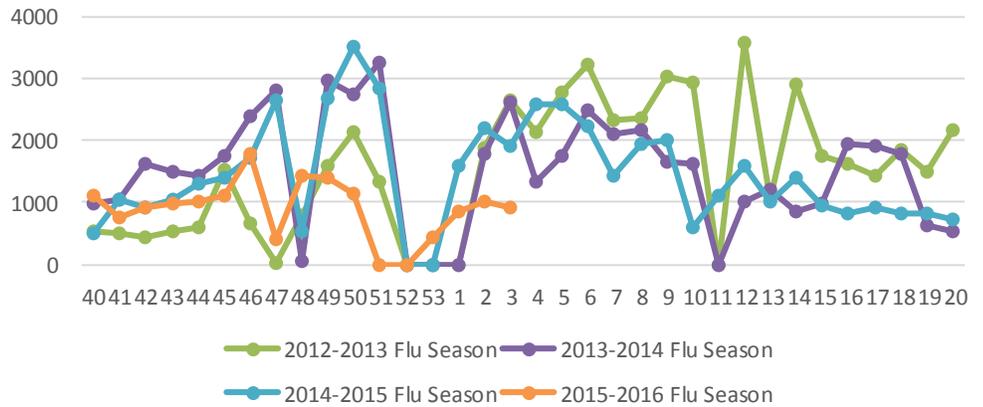
Daily absenteeism and student/staff ILI numbers are reported from schools in the 18 Harris County Independent School Districts (ISDs). Schools were asked to begin reporting ILI from the beginning of the school year; however, reporting participation generally increases as occurrence of ILI increases.

The 2012-2013, 2013-2014, and 2015-2016 influenza seasons did not have a week 53; the week 53 data point for those seasons is an average of weeks 52 and 1.

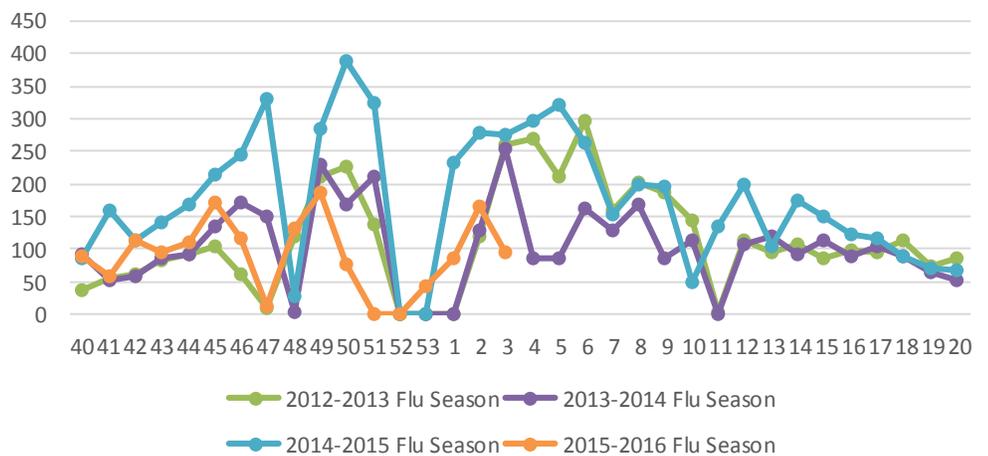
School holidays:

- \* Week 47/48 (Thanksgiving)
- \* Week 52-Week 1 (Winter Break)
- \* Week 10/11 (Spring Break)

Student Absenteeism Due to Influenza-Like Illness (ILI) by CDC Week  
2015-2016 Influenza Season



Staff Absenteeism Due to Influenza-Like Illness (ILI) by CDC Week  
2015-2016 Influenza Season



School Absenteeism Due to Influenza-Like Illness (ILI) by CDC Week  
2015-2016 Influenza Season

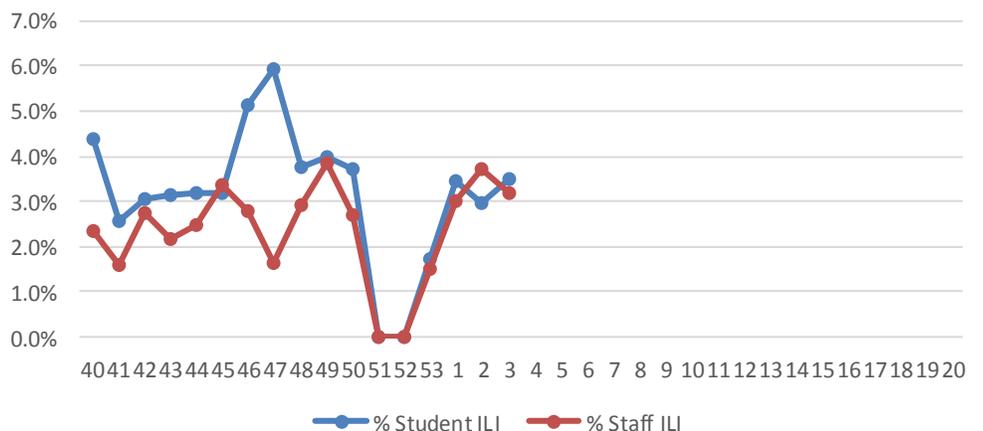
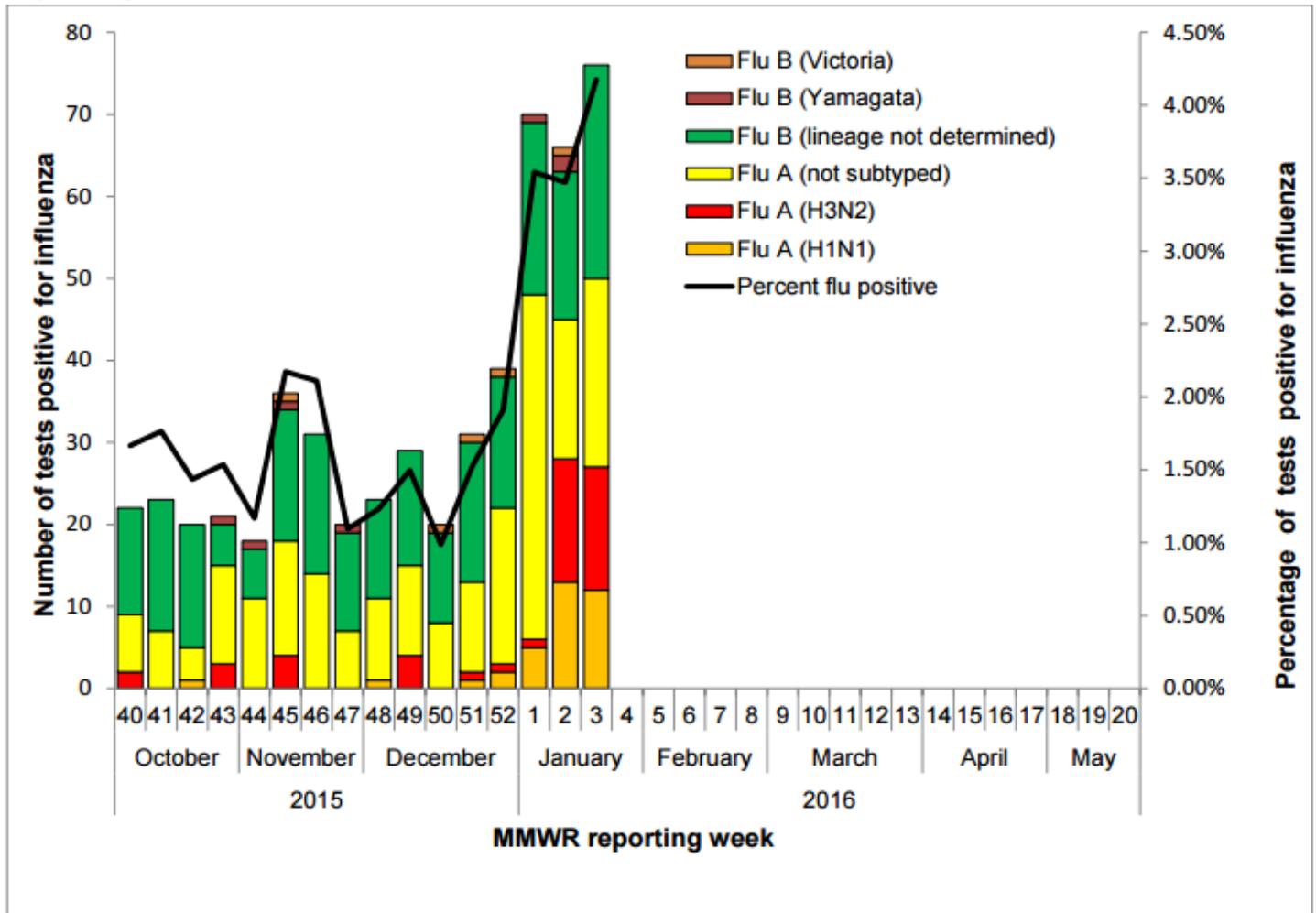


Figure 1: Number and Percentage of Tests (Antigen, Culture, PCR) Positive for Influenza by Type, Subtype, and Lineage Reported by Texas Laboratories, 2015–2016 Season



Source: <https://www.dshs.state.tx.us/idcu/disease/influenza/surveillance/2016/>

## Additional Information

Harris County Public Health  
[www.hcphtx.org/Services-Programs/Programs/Epidemiology](http://www.hcphtx.org/Services-Programs/Programs/Epidemiology)

Texas Department of State Health Services  
 Influenza Surveillance: <http://www.dshs.state.tx.us/idcu/disease/influenza/surveillance/>

Centers for Disease Control and Prevention  
 FluView Weekly Report: <http://www.cdc.gov/flu/weekly>  
 Information for Schools/Childcare Providers: <http://www.cdc.gov/flu/school/index.htm>

World Health Organization  
 Influenza Surveillance: <http://www.who.int/topics/influenza/en/>

## Contact Us

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Healthy People, Healthy Communities  
 ...a Healthy Harris County