



# LONG COVID

Some people who have been infected with the virus that causes COVID-19 can experience long-term effects from their infection, known as Long COVID.

**Long COVID is a wide range of new, returning, or ongoing health problems that people experience after getting COVID-19**

Most people who get sick with COVID-19 recover within a few weeks. However, health problems due to Long COVID can last for more than four weeks, months, or even longer.

Long COVID can affect anyone who has been sick or infected with COVID-19, however, if you had a very serious illness of COVID-19, maybe you were hospitalized or needed breathing treatments, you might be more likely to get Long COVID.

If you think that you have Long COVID and would like to participate in a Long COVID study with Harris County Public Health, scan the QR code or [www.arcg.is/0GTLDX](http://www.arcg.is/0GTLDX)



**For more information:**  
visit us @ <https://arcg.is/0Sa0Cq>  
[publichealth.harriscountytexas.gov](https://publichealth.harriscountytexas.gov) or call: 832-927-7575



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