According to the Centers for Disease Control and Prevention (CDC), the risk of 2019-nCoV to the American public is LOW. However, you can help prevent the spread of respiratory illnesses with these actions.

- Wash your hands with soap and water. If soap and water are not available, use an alcohol-based hand sanitizer that contains at least 60% alcohol.
- When coughing or sneezing cover your nose and mouth with tissue or your arm.
- Avoid touching your eyes, nose & mouth with unwashed hands.
- If you feel sick, stay home and please contact your healthcare provider.

To stay updated visit: www.cdc.gov
To learn more: www.hcphtx.org