IS YOUR TETANUS SHOT UP-TO-DATE?

What is tetanus?
- Tetanus is a bacterial disease that causes severe muscle spasms, lockjaw and death.

How can you be exposed to tetanus?
You can be exposed to the bacteria through:
- soil
- animal feces
- human feces
- debris

If you have a wound, what should you do to prevent tetanus?
- Wash all wounds thoroughly.
- Get direct medical attention for serious wounds.
- Get a tetanus shot from your health care provider, if needed.

How can you protect you & your family?
- Make sure that you and your family’s shots are up-to-date.

Protect your family. Protect yourself. Get vaccinated!

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