The Basics:

- Water: 1 gallon per person, per day for at least 3 days
- Food: non-perishable, easy-to-prepare items
- Medications (7-day supply) and medical items
- Flashlight and extra batteries
- Battery-powered or hand-crank radio (NOAA Weather Radio, if possible)
- First aid kit
- Wrench or pliers to turn off utilities
- Cell phone with chargers
- Manual can opener
- Plastic sheeting, duct tape, dust mask
- Extra cash
- Local maps

Also Consider:

- Medical supplies such as hearing aids & extra batteries, syringes, etc.
- Baby supplies: bottles, formula, baby food, diapers
- Family documents such as identification and bank account records, insurance policies
- Games, books and activities for children
- Pet supplies: food, water, ID, proof of vaccination, carrier
- Sleeping bag or warm blanket
- Extra clothing, hat and sturdy shoes
- Sanitation and personal hygiene items
- Unscented liquid bleach, work gloves
- Paper cups, plates and plastic utensils, paper towels
- Matches

Protect your family. Protect yourself. Be Prepared!