Think Teeth
See Your Dentist
While You Are Pregnant

It’s important to visit the dentist while you are pregnant. Why? Your oral health is important for your growing baby’s health.

• Tooth decay is caused by bacteria. Your baby can “catch” the bacteria from you.
• Keeping your teeth and gums healthy now can help protect your baby’s teeth later.
• Here’s how you can prevent dental disease:
  • Brush and floss daily, and use fluoride toothpaste.
  • Eat a healthy diet.
  • Visit the dentist. Dental care during pregnancy is safe – this includes x-rays and local anesthesia.

Schedule a checkup today. Requirements include ID, proof of income and proof of pregnancy.

For more information, call (713) 282-6800 to schedule an appointment at the HCPH Clinic nearest you

Southeast Clinic
3737 Red Bluff Rd.
Pasadena, TX 77503

Humble Clinic
1730 Humble Place Dr.
Humble, TX 77338