You can ONLY get Ebola from having **DIRECT CONTACT** with another sick person by:

- **Touching** a person who is sick with Ebola.
- **Touching** a person who died from Ebola.
- **Touching** body fluids (blood, vomit, urine, feces, sweat) or objects soiled with the body fluids of a person with Ebola

**Fever (\( \geq 100.4^\circ F \) or \( 38^\circ C \))** and/or Ebola-related symptoms:

**SYMPTOMS:**
- Fever
- Headache
- Weakness
- Vomiting
- Diarrhea
- Stomach Pain

If you have visited a country affected by the Ebola Outbreak, and develop a **FEVER** within **21 Days** seek medical care right away.

- Alert the doctor’s office or emergency room about your symptoms before going.
- Tell your doctor if you had **direct contact** with a person who might have had Ebola.